

# Let's Live Lent

BRINGING THE GOSPEL TO LIFE

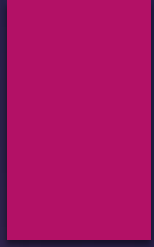


WOULD  
YOU  
LISTEN  
TO  
HIM?

# Gospel Mark 9:2-10

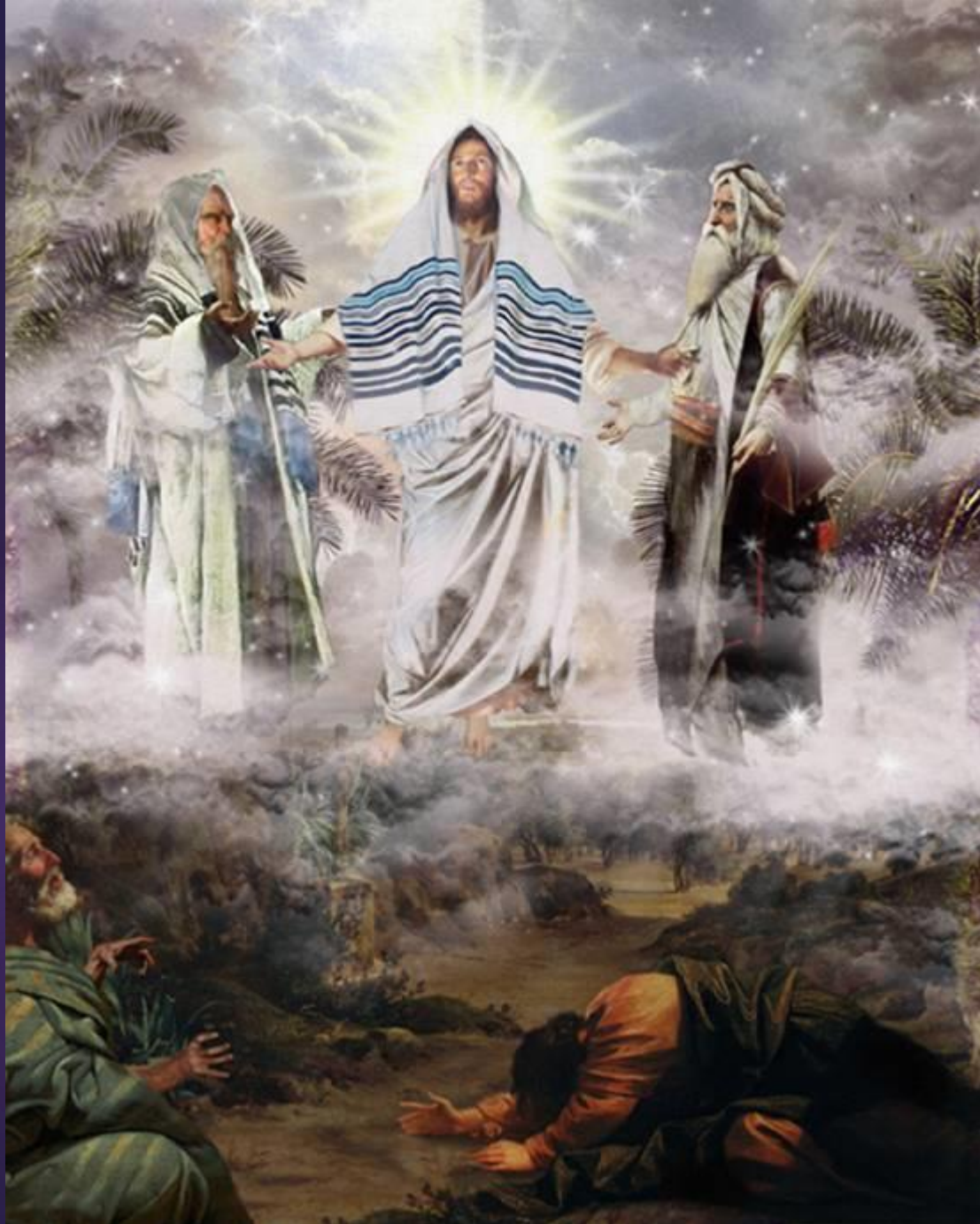
## Second Sunday of Lent (B)

Six days later, Jesus took with him Peter and James and his brother John and led them up a high mountain where they could be alone by themselves. There in their presence he was transfigured: his clothes became dazzling white, whiter than any earthly bleacher could make them.



# Gospel ctd.

Elijah appeared to them with Moses; and they were talking with Jesus. Then Peter spoke to Jesus. 'Rabbi,' he said 'it is wonderful for us to be here; so let us make three tents here, one for you, one for Moses and one for Elijah.' He did not know what to say; they were frightened.



Would  
You  
Listen  
To  
Him?

# Gospel ctd.

And a cloud came, covering them in shadow; and there came a voice from the cloud, 'this is my son the Beloved. Listen to him.' The suddenly they looked round, they saw no one with them any more but only Jesus.

# Let Us Sit in Silence





# Reflection (James Finley)

## The Gaze of the Beloved

When God eases us  
out of God's heart  
into the earthly plane,  
God searches for the place  
that is most like paradise,  
and that is the mother's gaze.



In the mother's gaze,  
she transparently mirrors  
God's infinite gaze of love,  
looking into the eyes of the infant.  
And when the infant  
looks into her eyes  
it is looking into God's eyes.



# The Look of Love

When God gazes at us and we gaze at God, both of us light up.



# Fratelli Tutti (Pope Francis)

FT 48

We must not lose our ability to listen”.

Saint Francis “heard the voice of God, he heard the voice of the poor, he heard the voice of the infirm and he heard the voice of nature.

He made of them a way of life.

My desire is that the seed that Saint Francis planted may grow in the hearts of many”.

A photograph of a dirt road winding through a forest. The road is light-colored and leads into the distance. On either side of the road, there are tall, dry grasses and some evergreen trees. The background is slightly hazy, suggesting a misty or overcast day. The overall tone is natural and serene.

The difference between  
hearing and listening is  
**paying attention.**

Ruth Messinger

 @ruthmessinger



POPE FRANCIS  
**Fratelli Tutti**



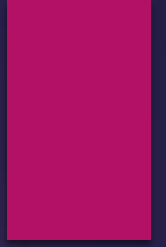
Encyclical Letter of the Holy Father Francis  
on Fraternity and Social Friendship

## FT (49)

As silence and careful listening disappear replaced by a frenzy of texting, this basic structure of sage human communication is at risk.

A new lifestyle is emerging, where we create only what we want and exclude all that we cannot control or know instantly and superficially.

**What are you noticing in these  
times?**



# CHAT TOGETHER





# REFLECTION

The Transfiguration of Jesus gives us a glimpse of the glory of the kingdom. It helps us to rise above our human weakness and to live in hope and with a sense of possibility as we acknowledge the reality of the cross in our daily lives. There is a strong emphasis in God's Word about listening – let us listen together with open hearts and minds.

# WOULD YOU LISTEN TO HIM?

**Would you listen to him when he says nice things to you** 'Do not be afraid' (Mt 14:28) – 'You are the salt of the earth' (Mt 5:13) or 'You are the light of the world' (Mt 5:14) – You are worth more than hundreds of sparrows' (Mt 10:31) – **would you listen and take them to heart?**

Special

The word "Special" is rendered in a highly decorative, bubbly font. Each letter is filled with a different color and pattern: 'S' is orange with yellow dots; 'P' is white with blue vertical stripes and a blue sunburst pattern; 'e' is yellow with a large red heart above it; 'c' is white with green and white horizontal stripes; 'i' is orange with blue horizontal stripes and a blue flower above it; 'a' is white with green polka dots and a yellow swirl above it; and 'l' is a solid orange vertical bar.

# WOULD YOU LISTEN TO HIM?

**Would you listen to him when he says hard things to you** - about the hungry and the needy - 'give them something to eat yourselves' (Mt 14:16) - 'give to anyone who asks' (Mt 5:42) - or about forgiveness 'not seven I tell you but seventy seven times' (Mt 18:22) or 'love your enemies' (Mt 5:44) - or 'Why did you doubt?' (Mt 14:32) - **would you listen and respond?**

CHALLENGE

A 3D rendering of the word "CHALLENGE" where each letter is held by a small white character. The letters are colored in a gradient from red to green. The characters are standing on a white surface against a white background.

# WOULD YOU LISTEN TO HIM?

**Would you listen to Him when he says words of hope to you** – ‘anyone who loses his life for my sake will find it’ (Mt 16:25) – ‘where two or three meet in my name, I shall be there with them’ (Mt 18:20) – ‘the last will be first, and the first, last’ (Mt 20:16) - ‘Happy the merciful: they shall have mercy shown them’ (Mt 5:7) – **would you listen and let Him transform you?**

hope



# LISTEN (ANICETO NAZARETH)





# Whole Body LISTENING



## EYES

Looking at person talking



## FEET

Quiet on the floor



## EARS

Both ears ready to hear



## BODY

Facing the speaker



## MOUTH

Quiet (no talking, humming or making sounds)



## BRAIN

Thinking about what is being said



## HANDS

Quiet in lap, pockets or by side



## HEART

Caring about what the person is saying

# Pope Francis' Prayer to: MARY – Woman of Listening

**All say:** *Mary*, woman of listening, open our ears;  
grant us to know how to listen to the word  
of your Son Jesus among the thousands of  
words of this world;  
grant that we may listen to the reality in  
which we live,  
to every person we encounter, especially  
those who are poor, in need, in hardship.



# Woman of Decision

▶ **Mary**, woman of decision,  
illuminate our mind and our heart,  
so that we may obey, unhesitating,  
the word of your Son Jesus;  
give us the courage to decide,  
not to let ourselves be dragged along,  
letting others direct our life.



# Woman of Action

**Mary**, woman of action,  
obtain that our hands and feet  
move “with haste” toward others,  
to bring them the charity  
and love of your Son Jesus,  
to bring the light of the Gospel  
to the world, as you did. Amen.



# SALVE REGINA



